

# Charred Broccolini With Green Goddess Aioli And Crispy Grains

# Ingredients

### **SERVES 4**

### TOTAL TIME:

3 HOURS

### ACTIVE TIME:

1 HOUR

DEHYDRATOR NEEDED
FOR THE CRISPY GRAINS

- 2 bunches broccolini
- 1c kosher salt
- ½ c quinoa
- ½ c millet
- ½ c parsley leaves
- 2 T tarragon leaves, roughly chopped
- 2 T chervil leaves, roughly chopped
- · 3 T chives, chopped
- 2 anchovy filets
- 1 garlic clove, minced

- 1t Dijon mustard
- 3 T fresh lemon juice
- 1T champagne vinegar
- ½ c canola or vegetable oil
- Salt and pepper for seasoning



## Steps

### 1. Preparing Broccolini

In a large pot, bring 1 gallon of water to a boil. Add 1 cup of kosher salt to the water. Also have a bowl of ice water ready next to the pot. Clean the bottom leaves of the broccolini, keeping the top florets, so you have a large floret and a long stem. Cut ¼ inch of the woody ends off. When the salted water is boiling, add the broccolini, and allow it to cook until it is just beginning to become tender, but still has a bit of bite. Transfer the broccolini to the ice water to stop it from cooking. Allow it to sit in the ice water until it is completely cool. Remove and dry the broccolini thoroughly with a towel. Reserve.

### 2. Preparing Grains

Cook the quinoa and millet separately in 1 cup of water and ½ teaspoon salt (for each) until the water is completely absorbed. Allow to cool. Spread each grain separately onto a dehydrating tray, trying to create a single even layer. Dehydrate at 135°F for about 2 hours, or when the grains feel very dry, hard, and separate easily. Rub the grains in your fingers to separate them into individual grains as much as possible. Heat 2 cups of canola oil in a heavy bottomed pot to 300°F. Place each dried grain in the oil separately. It will sputter immediately, as the residual water in each grain turns to steam. Cook until the bubbling stops. Quickly remove the grains onto a paper towel-lined platter and season with salt. Allow to cool completely. Store in an airtight container for up to 3 days.

### 3. Green Goddess Aioli

For the Green Goddess aioli, place the anchovy, garlic, lemon juice, mustard, and champagne vinegar in a food processor or blender. Blend until everything is homogenous. With the blender running on low, slowly drizzle the canola oil into the blender. If the resulting aioli is still thin, add more canola oil one tablespoon at a time until the desired consistency is achieved. Add the herbs and continue to blend until the mixture is a homogenous green. Season with salt and pepper.

### 4. Grilling Broccolini

Dress the broccolini with a few tablespoons of olive oil and a pinch of salt and pepper.

Grill the broccolini on a very hot grill just to get a little bit of char. Don't leave it on the grill too long, as we are just trying to create a bit of char and not cook it further.

### 5. Plating

Place a few dollops of Green Goddess aioli on a plate. Toss the broccolini with a few tablespoons of crispy grains and arrange on the plate. Serve immediately with a glass of animé rosé of Pinot Noir.

# Scott Nishiyama

Originally from Hawaii, Chef Scott
Nishiyama graduated from the Culinary
Institute of America in New York and has
worked in some of the best fine-dining
restaurants on both US coasts including
Cello, Town, Daniel, The French Laundry,
Yoshi's, and Chez TJ. He is looking forward
to opening his first restaurant, Ethel's
Fancy, located in Palo Alto. The restaurant's
menu will feature fresh, locally-sourced
vegetables and offer dishes influenced by
Japanese, French, and California cuisine.